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The authors ask health workers to grapple with how capitalism, imperialism, income inequality, racism, and sexism have harmed people's health and health care systems – and present revolutionary proposals for imagining and creating a more equitable, post-capitalist, and healthier future.

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Social medicine shows that social conditions affect health and illness more than biology does (as in COVID-19), and social change affects the outcomes of health and illness more than health services do. In this critical introduction to social medicine, the authors draw on examples worldwide to show how principles based on solidarity and mutual aid help people construct health-promoting social conditions.

**Howard Waitzkin** is Distinguished Professor Emeritus of Sociology at the University of New Mexico and practices internal medicine part time in New Mexico and Illinois. He has worked on social medicine in the United States and Latin America. His prior books include *Health Care under the Knife: Moving beyond Capitalism for Our Health* (2018) and *Medicine and Public Health at the End of Empire* (2011).

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